

# St. Francis Xavier Church

The First African American Catholic Community in the Country  
Founded 1793

Served by the Josephites since 1871

## MASS SCHEDULE

*Saturday: 5:00 PM*

*Sunday: 8:00 AM & 11:00 AM*

*Holy Days: 10:00 AM & 7:00 PM*

*except when the Holy Day falls on a Monday*

*Holiday, Mass and Novena will be at 8:00 AM only*

### Weekdays

*Tuesday, Thursday, Friday: 8:00 AM*

*Saturday: 5:00 PM*

*Wednesday: 10:00 AM followed by Bible Study*

## OTHER SCHEDULED EVENTS

### **Confessions**

*Before Masses or by appointments*

### **Marriages**

*Notify the rectory at least 6 months in advance*

### **Baptisms**

*The Sacrament of Baptism is conferred  
on the Fourth Sunday, at 2 PM.*

*Notify the rectory at least 1 month in advance*

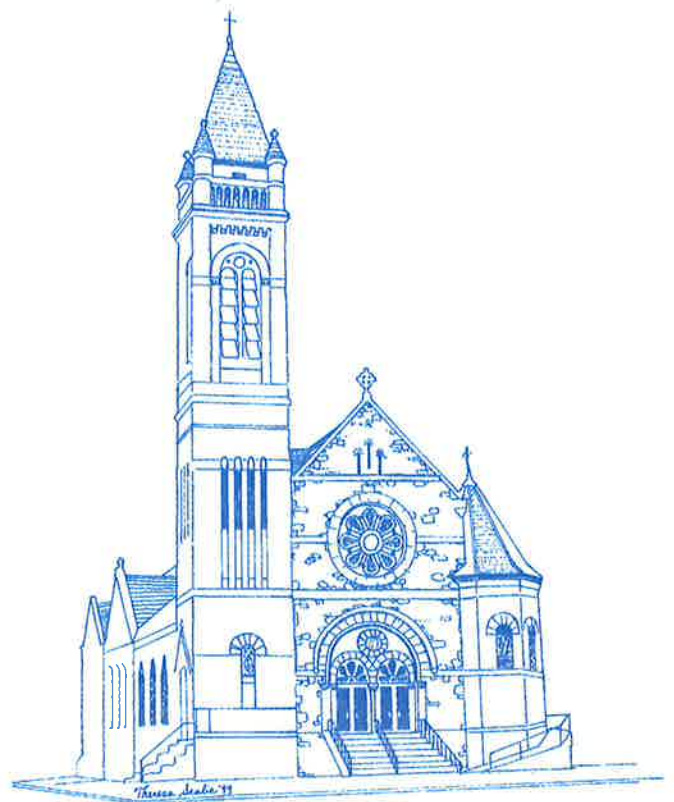
### **Funerals**

*Please notify the rectory before making  
arrangements with funeral homes.*

*Rev. Xavier Edet, S.S.J.,  
Pastor*

**Religious Education**  
*Joslyn Alexander, Director*

**SVD-SFX Head Start Center (410) 685-7288**



## THE JOSEPHITES

"Glorious St. Joseph, faithful follower of Jesus Christ, to you do we raise our hearts and hands to implore your powerful intercessions in obtaining from the benign Heart of Jesus all the helps and graces necessary for our spiritual and temporal welfare, particularly the grace of a happy death, and the special favor we now implore of men and means for our seminary, college and novitiate. Guardian of the Word Incarnate, we feel animated with confidence that your prayers in our behalf will be graciously heard before the throne of God.

Amen"

## Mission Statement for St. Francis Xavier Church

*In the tradition of the oldest African-American Catholic Church in the United States, St. Francis Xavier is committed to meeting the spiritual, educational and social needs of our parishioners and our surrounding community.*

**1501 E. OLIVER STREET • BALTIMORE, MARYLAND 21213**

**Rectory (410) 727-3103**

**Fax (410) 625-9587**

**Website - <http://www.HistoricFrancisXavier.org>**

## REFLECTION

### *The Counselor will be with you for ever*

What makes us both fully human and truly like God? Is it not unconditional love which is unselfish, undying, and wholly directed to the good of others? The love of God unites us in an unbreakable bond of fidelity, friendship, and community with others. Jesus loved his own until the very end of his passion and death on the cross (John 13:1).

#### *The nature of love*

From the very beginning of creation God said: it is not good that man should be alone (Genesis 2:18). We were created in love for love - to be a community of loving persons, just as the Father, Son, and Holy Spirit are inseparably united in a community of unbreakable love.

John Henry Newman (1801-1890) said: We love because it is our nature to love, and it is our nature because God the Holy Spirit has made it our nature. Jesus speaks to his disciples of the inseparable bond of love between himself and the Father, and of their love for humankind. In Jesus we see the fullness of God's love and how God's love is directed to our well-being. In this the love of God was made manifest among us, that God sent his only Son into the world, so that we might have life through him (1 John 4:9).

#### *Knowing God's love*

How do we know that God truly loves each one of us? In the cross we see the proof of God's love for each of us and the incredible price God was willing to pay to redeem us from slavery to sin, death, and Satan. Jesus gave up his life that we might have life - abundant, everlasting life with God - a life of love and unity with the Father, Son, and Holy Spirit forever.

Through the cross Jesus opened a new way of relationship for us as the adopted sons and daughters of God - his beloved children (Romans 8:14-17). Jesus calls his disciples to walk in his way of love through obedience to the will of the Father. True love is more than sentiment, emotion, or good intention. As important as these may be they are not the proof of sincere love. True love for God is expressed in obedience and obedience is expressed in love.

#### *Jesus' best gift for us*

Jesus promised to give his followers the best of gifts, the Holy Spirit as their Counselor and Helper. How does the Holy Spirit help us as the counselor?

### **Stewardship Reflections**

"The just one's sacrifice is most pleasing, nor will it ever be forgotten; in generous spirit pay homage to the Lord, be not sparing of freewill gifts. With each contribution show a cheerful countenance...Give to the Most High as God has given to you, generously, according to your means." Sirach 35: 6-9

### Mass Intentions



#### Saturday

5:00 P.M. Happy Repose of the Souls of Frank and Dorothy Rutkowski, req. by John Rutkowski

#### Sunday

8:00 A.M. People of the Parish

11:00 A.M. Happy Repose of the soul of Napoleon Sykes, req. by the Family

#### Tuesday

8:00 A.M. Happy Repose of the Souls of Marion & Edmund Martin, req. by Jeff Martin

#### Wednesday

10:00 A.M. Healing mercies for Jeff Martin, req. by John Rutkowski

#### Thursday

8:00 A.M. Healing prayers for Michael Emmanuel Coleman, req. by Angela Walton & Family

#### Friday

8:00 A.M. God's traveling mercy for Margaret Lewis Dorsey as she travels to visit her daughter, req. by Darleen Thomas

## Today's Readings

First Reading: Acts of the Apostles 8:5-8, 14-17

Second Reading: 1 Peter 3:15-18

Gospel: John 14:15-21

## Next Weeks Readings

First Reading: Acts of the Apostles 1:12-14

Second Reading: 1 Peter 4:13-16

Gospel: John 17:1-11a



## SPECIAL NOTICES

### Scriptures for Daily Mediation



*"And the Scripture gives us hope and encouragement as we wait patiently for God's promises to be fulfilled" Rom. 15:4*

Day	Date	Gospel
Mon.	5/22/2017	John 16:26-16:4a
Tues.	5/23/2017	John 16:5-11
Wed.	5/24/2017	John 16:12-15
Thurs.	5/25/2017	John 16:16-20
Fri.	5/26/2017	John 16:20-23
Sat.	5/27/2017	John 16:23b-28

### Oblate Sisters of Providence

#### Applicants are needed for maintenance work

*Experience: Some experience in general maintenance or a willingness to learn on site.*

*Skills: General knowledge in the following:*

- plumbing
- Electricity
- Janitorial Cleaning
- Home Improvement
- Yard Maintenance

*Hours: 7:00 a.m.-3:00 p.m. (Monday-Friday)*

*Lunch: 11:30 p.m.- 12:30 p.m. (Meal provided)*

*Transportation and a driver's license are required.*

*Contact: Sister Lorraine 410-242-7981 (Please leave a message and your call will be returned)*

### Orioles Hosting Children and Youth June 30th, 2017

*The Orioles are hosting the children and youth of St. Ann, St. Francis Xavier and St. Wenceslaus parishes at a game against Tampa Bay at Camden Yards on June 30<sup>th</sup> at 7:05 p.m. We will be allotted 150 tickets, 50 tickets for each parish. The expectation is to have at least 20 adult chaperones and 130 children. The children will have first priority for sign up. The Orioles will provide 3 buses and all 3 buses will be at St. Wenceslaus at 5:30 p.m. on that evening. They will also provide participants with a hot dog, Drink, bag of chips and Oriole gear to wear at the game. A sign up sheet is available on the table in the back of the church.*

## SPECIAL NOTICES

### Religious Education

*Children's Envelopes- Envelopes have been distributed to all Sunday School children. Start your child on a lifetime path of stewardship practice by using their envelopes weekly.*

*Thank You*

*Joslyn Alexander, Director Religious Education*



### Dawson Safe Haven Center

*The Director of the Dawson Safe Haven Center which is located at 1401 E. Preston Street, Baltimore, MD 21213 is hosting a Free Summer Camp for the Oliver Community.*



### CDA Court #2257 of SFX Sponsoring a Poetry Contest

*Beginning May 14, 2017 and ending May 30, 2017 the CDA Court #2257 is sponsoring a Poetry Contest for students in grades 1<sup>st</sup>-12<sup>th</sup>. The Pastorate churches, including St. Ann, St. Wenceslaus and St. Francis Xavier will be participating. The students must be members of one of the churches. Forms will be in the back of the church. Contact Marsha Powell (442) 467-2841.*

## Special Notices

### Prayer Walk

Bishop Madden invites you to join him for his next prayer walk on Tuesday, May 23, 2017 at Saint Gregory the Great Church located at 1542 North Gilmore Street.



On behalf of the New Horizons, Squires, and Ashanti Ministries. Every Sunday in the month of May, we are accepting clean gently used men, women and children clothing. Drop them off at the church basement entrance hall designated area. These donations will go directly to help the seniors recently burned out of Lanvale Towers. Items will also go to St. Vincent DePaul homeless shelter program.

### Religious Education

Sunday, May 28<sup>th</sup> will be the last day for Sunday School classes. Please make sure that your children are present 9:30 a.m.

Sunday, June 4<sup>th</sup> seven of our children will celebrate First Holy Communion also that day fifteen young adults will receive the sacrament of Confirmation. Please join us at the 11:00 a.m. Mass as we celebrate these sacraments that are the foundation of our Catholic faith.

## Special Notices

### St. Francis Xavier New Website

St. Francis has a new website you can go there to retrieve the weekly bulletin. The website is: [www.historicfrancisxavier.org](http://www.historicfrancisxavier.org). Please utilize the new website for your bulletin.

### Special Thank You

The family of Darleen Thomas express sincere thanks for all of the cards, phone calls and expressions of sympathy that the family received during their time of bereavement.

Daphne and Trinity extends warmest thanks and deep appreciation to SFX church family for their expressions of sympathy and prayers for their family during a difficult and sad time.

*Thanks to our Church Family for all of their love*

### Archdiocese of Baltimore Mobile App

The Archdiocese of Baltimore has developed a mobile version of its website and an App for Apple and Android device users, to make it easier for Catholics to stay connected to their local church, including parishes and schools, while on the go. For more information, visit [www.archbalt.org](http://www.archbalt.org) Or download the app from the app store.

### 23<sup>rd</sup> Annual Mass

The Archdiocese for Military Services will host the 23<sup>rd</sup> Annual Memorial Mass at the Basilica of the National Shrine of the Immaculate Conception, 4<sup>th</sup> Street and Michigan Ave, NE, Washington D.C. 20017-1566 on Sunday, May 21, 2017 at 4:30 p.m. This special liturgy honors the men and women of the Armed Forces. Principal Celebrant and Homilist: The most Reverend Timothy P. Broglio, J.C.D., Archbishop for the Military Services. Parking is limited. Military personnel are encouraged to be in uniform.

## SPECIAL NOTICE!

### *Please Keep In Your Prayers*

*All sick and shut-in parishioners of SFX , please see this week's insert for names.*

### **Fitness 101**

*Several months ago we had planned for a fitness trainer to be present at St. Francis to introduce fitness to seniors. Due to really bad weather on the scheduled date, we had to move it. Well, it is that time again, there will be an introductory class held on Saturday May 27<sup>th</sup>, from 3-4 pm.*



### **CRS Rice Bowls**

*CRS Rice Bowls were distributed to all Sunday School children. The Children's Lenten sacrifices to CRS will honor Jesus' call to serve our neighbors who have less than we do. Please have the children return their Rice Bowl. Thank you to those who have returned their Rice Bowl already.*



## For Your Information

### Please Note:

*If you are sick at home or in the hospital, or if you know of someone who is, Please Contact the Rectory, 410-727-3103. Please also remember to contact the Rectory to advise us when to remove your name from the Sick and/or Shut-in Listing.*

### Mass Intentions

*The normal donation for a Mass Request is \$5.00 and must be paid at the time of request. We will no longer take Mass requests over the telephone. Mass requests envelopes are located on the table in the rear of the church.*

### Address changed?

*Please notify the office if you have moved for address changes.*

### Proper Church Etiquette

*No cell phones or other electronic devices should be left on while in Church, especially during Mass. Also, please do not chew gum, eat or drink at anytime while you are in Church, especially when receiving Holy Communion our mouths should be free from all food items. Parents please do not bring potato chips or other foods to give your children during Mass. Food is being found in the Pews. Please give them snacks before Mass. If you cannot hear the Lector or other Ministers from the Altar, please raise your hand and do not yell out in Church, this is very disrespectful. We ask your full cooperation in adhering to these rules of etiquette.*

### Parish Membership/Census Update:

*The use of Church envelopes is the responsible way to support your Parish. Parishioners are requested to register at the church office, Tuesday through Friday, 9:00 a.m. to 3:30 p.m. or complete the following form:*

Name \_\_\_\_\_

Street \_\_\_\_\_

Phone \_\_\_\_\_ Zip \_\_\_\_\_

- Moving out of Parish
- Want Envelopes
- Change of telephone number/address
- 

*Please cut out and drop in the Collection Basket or mail to the Rectory.*

# Growing in FAITH™

Discovering **hope and joy** in the Catholic faith.

June 2017

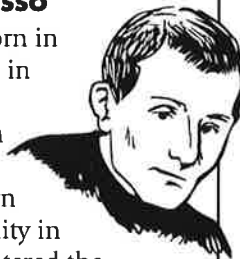
**Historic St. Francis Xavier Church**

Rev. Xavier Edet, S.S.J., Pastor

## One Minute Meditations

### St. Joseph Cafasso

St. Joseph was born in Castelnovo d'Asti in Italy to peasant parents. From a young age, he was known for his humility in prayer. He entered the seminary in Turin, and was ordained in 1833. He went on to study and teach in the university of Turin. He combated the heresy of Jansenism and urged devotion to the Holy Eucharist. He was an excellent preacher, confessor, and retreat master. One of his pupils was St. John Bosco.



### God as Father

In Jesus' day, many people felt God was so holy, his name was unutterable. Imagine their surprise when Jesus taught them to call God Abba, which means, "Daddy"! When you pray, remember you're addressing a loving Father who is eager to help.

*"Behold, I stand at the door and knock. If anyone ... opens the door, [then] I will enter his house and dine with him, and he with me"*  
(Revelation 3:20).



## Don't let anxiety cloud your world

The peace Christ promised to his followers is not intended to eliminate all anxiety from our lives. When we experience feelings of insecurity, we will feel anxious. However, allowing our anxiety to cloud our judgments can be the greatest obstacle to receiving grace and it is that grace which helps us to cope.

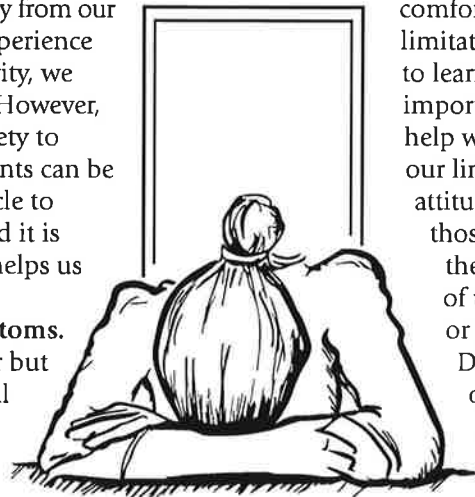
**Know the symptoms.** Anxiety is like fear but dwells on personal inadequacy and insecurity rather than real and imminent danger. Common symptoms of anxiety are nervousness, mental unease, tension, or a desire to avoid a particular situation or person. When you can't determine a specific, reasonable cause for these feelings, it may be anxiety.

**Ask for help.** Work to understand your strengths and become

comfortable with your limitations. While stretching to learn new skills is important, so is asking for help when confronted with our limits. If negative attitudes or opinions of those asked result, see them as expressions of their own viewpoints or personal problems. Don't demand more of yourself than you can give and be ready to ask for help.

**Be pleased with your best.** Anxiety

results when we fear failure and the possible loss of approval or respect of others. Instead, refuse to fear imperfect results or others' judgment. Make the most of your talents, do your best, and respect yourself for your effort.



## Why Do Catholics Do That?

### Why does the priest add water to the wine at Mass?

There are several reasons for this practice. Adding water to the wine represents the union of Jesus' humanity with his divinity. It also recalls Christ's Passion, when water and blood flowed from his side (John 19:33-35).

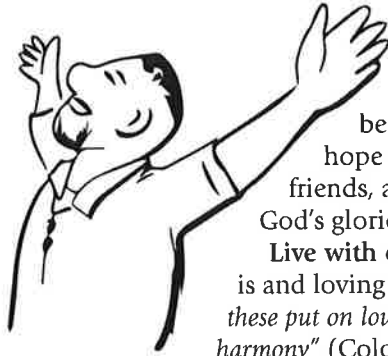


The priest adds water in imitation of Christ who, it is believed, used wine mixed with water as a common cultural practice in Jesus' day. Finally, the union of the wine and the water stands for the union of Christ and his people.

## The Christian life is richer with virtues

A virtue is a disposition to do the good. Virtues help us to perform good acts and give the best of ourselves. God gives us the theological virtues – faith, hope, and charity – to help us live as his children.

**Live with faith.** Through the gift of faith, we can believe in God, in all he has revealed, and all the Catholic Church teaches. Living by faith means our thoughts and actions are based on these convictions. *“... For we walk by faith, not by sight”* (2 Corinthians 5:7).



**Live with hope.** Believing that all things are possible with God, Catholics hope for a better world, hope that we will become the people God created us to be and hope we unite with him in Heaven. Family, friends, and the world around us are savored as God’s glorious gifts.

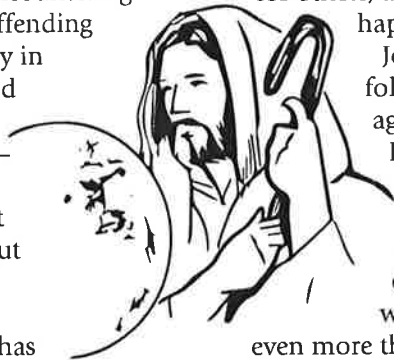
**Live with charity.** Charity is loving God for who he is and loving others because he asked. *“And above all these put on love, which binds everything together in perfect harmony”* (Colossians 3:14).

### from Scripture

#### Matthew 10:26-33, Keep calm and trust God

In today’s Gospel reading, Jesus told his disciples not to fear encountering persecution, but to fear offending God, who has the final say in judging us. We offend God when we deny his love and refuse – through sin – to love him and others. Our faithfulness to Christ will bring us to Heaven, but it will also bring us into conflict.

Conflict with the world has always been a part of the Church’s experience. Even in the United States, we face efforts to undermine Catholic beliefs and values. These attacks don’t hurt us physically, but they



can eat away at our faith, our respect for others, and ultimately, our happiness.

Jesus’ advice to his followers 2,000 years ago applies to us today. Instead of being afraid, we can trust God, who watches over all the details of our lives and who wants us in Heaven

even more than we want to be there. God won’t make all our problems disappear, but he will give us the strength and grace needed to get through them, especially through daily prayer and the sacraments.

### Q & A

#### What is the history behind the Solemnity of the Sacred Heart?

Devotion to the Sacred Heart has been present since the time of the early Church. The Church



Fathers considered Jesus’ Heart to be the source of the sacraments of Baptism and the Eucharist, symbolized by

the blood and water that flowed from Jesus’ side at the Crucifixion. The devotion continued into the Middle Ages when Pope Innocent VI instituted a Mass for the Sacred Heart.

However, its great popularity as a devotion resulted from the visions of St. Margaret Mary Alacoque, a young nun at the Visitation convent at Paray-le-Monial, France. On December 27, 1673, St. Margaret received the first of four great visions of Christ, in which he asked her to spread the devotion and described the practices connected to it. He revealed his great love for us, saying, “Behold this Heart which has so loved men that It spared nothing ... to prove to them Its love.” At first her efforts were rejected, but in 1765 – seventy-five years after her death – Pope Clement XIII officially approved the devotion.

### Feasts & Celebrations

#### June 4 – Pentecost (1st century).

After the Resurrection and Ascension of Jesus, the Holy Spirit was given to the Church at the first Pentecost. When the apostles received the Holy Spirit, the “new age” of the Church was born.

**June 6 – St. Norbert (1134).** St. Norbert lived in twelfth century Prémontré, France. He is known for founding the Norbertines to combat heresies and religious indifference. The Norbertines successfully converted heretics, reconciled enemies, and rekindled the faith in indifferent believers.

**June 11 – Trinity Sunday.** Today, we celebrate the Trinity – one of the great mysteries of our Faith. The Trinity is one God in three Persons: the Father, Son, and Holy Spirit.

**June 18 – Corpus Christi Sunday.** Corpus Christi is the solemnity on which we celebrate the transformation of the bread and wine into Jesus’ Body and Blood in the Holy Eucharist. In response to the need for a feast devoted solely to the Eucharist, Pope Urban IV ordered a Church-wide celebration for Corpus Christi in 1264.



### Our Mission

To provide practical ideas that promote faithful Catholic living.  
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 (540)662-7844 (540)662-7847 fax  
<http://www.growinginfaith.com>  
 (Unless noted Bible quotes and references are from the Revised Standard Version and the New American Bible)

**ST. FRANCIS XAVIER PARISHIONERS CELEBRATING BIRTHDAYS IN JUNE  
OUR SINCERE CONGRATULATIONS!**

Adams, Wayne	6/19	Hare, Natalie J.	6/13	Richards, Brittney	6/03
Bailey, Nakia R.	6/15	Harris, Cairo	6/29	Roberson, Rodney	6/08
Barnes, Avonda M.	6/29	Harrison, Vernell	6/14	Robinson, Penny C.	6/18
Barnes, Gregory L.	6/27	Hart, Jacquelyn	6/23	Shiple, Joan	6/22
Bell, Denise J.	6/09	Hill, Brunetta	6/22	Shorter, Bernard	6/15
Bell, Zakiya U.	6/28	Hobbs, Donna	6/16	Smith, Bernadette	6/28
Bellamy, William	6/14	Hunter, D.J.	6/22	Smith, Khalliel	6/21
Bevans, Aisha	6/27	Jackson, Daryl E.	6/20	Smith, Roland P.	6/25
Branch, Rachel S.	6/23	Jackson, Kenneth	6/23	Smith, Sharonda	6/22
Brown, Alfred	6/24	Jackson, Sydney	6/03	Stanley, Keith B.	6/04
Brown, Alton	6/26	Jenkins, Dawn	6/17	Tapp, Thedrick T.	6/15
Brown, Carmelita	6/03	Johnson, Brittany S.	6/29	Tennessee, Juwon	6/28
Brown, Carmella	6/03	Johnson, Gerode M.	6/11	Thames, Carole M.	6/27
Brown, Charles	6/20	Johnson, Margaret	6/09	Thames, Sherill	6/28
Brown, Taylor E.	6/10	Johnson, Michele	6/18	Thomas, Leslie A.	6/04
Burton, Mary L.	6/19	Jones, Aaron E.	6/21	Thorton, Cephas	6/28
Butler, Pia D.	6/30	Jones, Carrie	6/15	Tinsley, Jermaine	6/14
Chambers, Michael	6/05	Jones, Dawn	6/30	Tobias, Mary	6/10
Chambers, Wyona	6/22	Jones, Frederick	6/24	Ward, Kevin C.	6/13
Coleman, Ray Anthony	6/14	Jones, Lloyd W.	6/29	Watson, Wayne	6/03
Cooper, Basia	6/24	Kanes, Dennis	6/06	Wheatland, Nkenge	6/06
Cotton, Zaire	6/12	Kane, Jacquelyn	6/11	Whittington, Florence	6/22
Cutlette, Dominick	6/26	Lang, Justice L.	6/28	Wiggins, Alan	6/26
Daughtry, Christine S.	6/28	Lang, Sheka A.	6/23	Williams, Dion C. Jr.	6/08
Davis, Charles	6/19	Lewis, Avery M.	6/27	Williams, Ja'ya	6/22
Davis, Keshawna	6/19	Lewis, Jr. Charles	6/22	Williams, LaQuan	6/27
Davis, Mortisha	6/21	Loney, Corlis	6/29	Williams, Sylvester	6/30
Dawkins, Kaylyn	6/27	Martin, Rosezeller	6/22	Williams, Vanessa	6/01
Deshazo, Alice T.	6/26	McLaughlin, Michelle	6/15	Wilson, Mary M.	6/03
Dickens, Raymond J.	6/08	Mello, Abiana D.	6/14	Wise, Tiarna	6/08
Douglas, Shirley	6/30	Mello, Antonia	6/22	Wright, James	6/17
Drayton, Shirley	6/11	Morgan, Helena	6/04		
Evans, Candice	6/10	Morris, Charles III	6/25		
Evans, Jordan	6/28	Mustafa, Carolyn	6/12		
Evans, Tammie	6/28	Myers, Doris	6/21		
Faidley-Wilson, Frances	6/12	Owens, Dianna	6/18		
Frazier, Carolyn	6/02	Parker, Cynthia	6/01		
Gaddy, Kenneth, CSSR	6/02	Parker, Hearease	6/16		
Garrett, Brandon	6/02	Parris, Trinna	6/25		
Garrett, George	6/19	Perrin, Mark	6/12		
Garrett, Stanya	6/24	Pierce, Oscar	6/25		
Gaskin, Anthony	6/20	Pinnick, Christopher	6/27		
Gladden, Dominic	6/27	Price, Duane	6/23		
Gray-Acree, Catherine	6/28	Pulliam, Kameron	6/27		
Griffin, Karen L.	6/26	Rainey, William	6/25		
Hampton, Cora L.	6/06	Ralph, Bernard	6/19		



**St. Francis Xavier Eucharistic Community**  
**Yours Prayers Are Requested For The Sick Of The Parish**

**June 4, 2017**

Rhonda Acree  
Theresa Baker  
Avonda Barnes  
Lorraine Bell  
Dorothy Bennett  
Nina Bonaparte  
Alfred Brown Sr.  
Hattie Brown  
Garland Burley  
Harry Butler  
Xavier Church  
Dorothy Coleman  
Candace Coates  
Lucretia Coates  
Esther Davis  
John Davis  
Kimberly Davis  
Thelma Fly  
Thomas Grays  
Rochelle Hagans  
Frances Hance  
Bertha Johnson  
Betty Johnson  
Cornelia Johnson  
Marian Quickley Johnson

Mildred Lane  
Hilda Langley  
Mildred Mattison  
Julia Matthews  
James McLinden, SSJ  
Christopher Pasley  
Stephanie Washington-Merritt  
Shelia Hurtt-Moore  
Bernardette Morgan  
Yvonne Newby  
Mary Parker  
Marlene Patterson  
Nadine Pulliam  
Doris Russell  
Frances Sears  
Helen Singleton  
Antoinette Soares  
Mabel Smirth  
Vickie Smith  
Wanda Smith  
Andrew Tackett  
Paul Thaniel  
Ann Walker  
Barbara Williams  
Peggy Williams

**ST. FRANCIS XAVIER PARISHIONERS CELEBRATING WEDDING ANNIVERSARY  
DURING THE MONTH OF JUNE OUR SINCERE CONGRATULATIONS!**

Marvin and Sabrina Ayres	6/12	Bobby and Frances Faidley	6/16
Robert and Millicent Baysmore	6/21	Mica and Sharita Fetz	6/04
Alton and Jamie Brown	6/27	Kirk and Crystal Gaddy	6/30
Michael and Theresa Butler	6/16	Moses and Annmaria Joyner	6/23
Martin and Rhonda Callum	6/08	Charles and Rozetta Mobley	6/28
Frederick and Lucille Conway	6/09	Maurice and Keisha Moore	6/28
John and Sandra Davis	6/19	Horace and Faith Rollins	6/28
Keith and Mortisha Davis	6/19	John and Roxanne Wheatland	6/13
Paul and Emeka Diggs	6/14	Duane and Sinesta Whitley	6/18
Louis and Jeanne Edmonds	6/26		

# 2nd Annual Community Forum on Healthy Aging

Real Talk About Healthy Aging and Research

**Did you know that Johns Hopkins Bayview  
conducts research on healthy aging?**

**Learn how to improve your health as you age!**



**Monday, June 5, 2017**

**4 to 8:30 p.m.\***

Richard A. Grossi Auditorium  
Asthma & Allergy Center  
Johns Hopkins Bayview campus  
5501 Hopkins Bayview Circle, Baltimore, MD 21224

*Light dinner and parking provided.*

For more information, call 443-287-8497

*Featured Speakers:*

## **Self Care and Healthy Aging**

Rev. Debra Hickman

*CEO and Founder, Sisters Together and Reaching*

## **Heart Health and Aging**

Pamela Ouyang, M.D.

*Division of Cardiology*

*Johns Hopkins Bayview Medical Center*

## **Bone and Joint Health**

Suzanne Jan De Beur, M.D.

*Division of Endocrinology*

*Johns Hopkins Bayview Medical Center*

*Breakout Sessions:*

## **Men's Health and Aging**

Christian Pavlovich, M.D.

*Department of Urology*

*Johns Hopkins Bayview Medical Center*

Tyrone Qualls

*Lifestyle and Health Coach, Total Health Now*

## **Healthy Aging Research Cafe**

Small group "speed teaching sessions"  
on various health topics

**To register, visit [communityhealthforum2017.eventbrite.com](http://communityhealthforum2017.eventbrite.com).**

**For more information, call 443-287-8497.**

\*Please refer to the back of this flyer for  
driving directions and parking information.



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